



February - March 2018 Edition

COMING EVENTS CALENDAR - Descriptions are on pages 2 & 3

Date	Day	Event	Type	Grade	Leader	Time	Cost
04 Feb 18	Sunday	Meeting			Wendy	7:00pm	
11 Feb 18	Sunday	Somerset Trail, Mt. Mee	DW	M34	Joy	7:00am	\$20
18 Feb 18	Sunday	White Rock Circuit	HD	S33	Cheryl	7:00am	\$5
25 Feb 18	Sunday	Venman Bushland and Tingalpa Creek Circuit	HD	S33	Elizabeth	7:00am	\$10
03 Mar 18	Saturday	Casa Mia from Riverheart	Soc		Cheryl	5:30pm	
04 Mar 18	Sunday	Meeting			Wendy	7:00pm	
11 Mar 18	Sunday	Toohey's Forest	HD	S22	Annette	7:00am	\$5
18 Mar 18	Sunday	Logan River, Yellow Pinch	DW	S43	Russell	7:00am	\$15
25 Mar 18	Sunday	Gap Creek Falls from Simmonds Road	DW	M44	Barbara	7:00am	\$10
01 Apr 18	Sunday	Paddy's Peak Circuit	DW	M44	Russell	7:00am	\$17
07 Apr 18	Saturday	Walks Planning	Soc		Joy	3:30pm	
08 Apr 18	Sunday	Meeting			Wendy	7:00pm	
15 Apr 18	Sunday	Enoggera Creek Reserve	DW	M34	Manfred	7:00am	\$10
22 Apr 18	Sunday	Cabbage Tree Ck	DW	M45	Dave	7:00am	\$10
29 Apr 18	Sunday	Skyline Track, Flinders Plumb	HD	M34	Petar	7:00am	\$5
30/4-5/5/18	Mon-Sat	Dorrigo NP	BC		Russell		
12 May 18	Saturday	Bike Ride	Soc		Dave		
13 May 18	Sunday	Meeting			Wendy	7:00pm	
20 May 18	Sunday	Flinders Peak Traverse	DW	M45	Russell	8:00am	\$5
27 May 18	Sunday	Table Top	DW	S43	Bill	7:00am	\$15
03 Jun 18	Sunday	Meeting			Wendy	7:00pm	

Please Note:

Our walk leaders only lead walks that are within his or her ability and experience but are *not formally trained* or qualified in Bushcraft.

The Coming Events Calendar is **subject to change at any time without notice**. People wishing to participate in any listed event **must contact the nominated Leader beforehand** in order to answer any queries you may have regarding that particular event, and to ensure you are contacted in case of last minute changes. This is also a good time to let the leader know if you have any special requirements.

Walks usually depart from the park at the intersection of South and Nicholas Streets, Ipswich, opposite the Civic Centre, *unless noted otherwise in the event descriptions*. The departure or commencement time of any event shall be as noted in the respective event description. For information regarding meetings please refer to the **Meeting Venue** details on the last page.

How to join the club:

Most people choose to come on an easy walk first. Use the calendar of events above with descriptions on pages 2 and 3 to choose a walk suitable for you and contact the leader whose number appears with the description. Have a chat to them about any questions you have and let them know you would like to go. There is a membership form on the website, you can bring that to your first walk.

EVENT TYPE and

TYPE	
BC	Base Camp
DW	Day Walk
S&T	Safety & Training
SOC	Social Activity
TW	Through Walk
HD	Half Day
BK	Bike Ride

GRADING CODES

GRADE		
DISTANCE (Letter code)	S	Short (less than 10 km per day)
	M	Medium (10 - 15 km per day)
	L	Long (15 - 20 km per day)
	X	Extra-long (greater than 20 km per day)
TERRAIN (1st number code)	1-3	Graded or open terrain. No scrub.
	4-7	Bush. Minor scrub rainforest, rock, creek, rock hopping, scrambling.
	8-10	Bush. As above + thick scrub, major rock, scrambling using hands, technical.
FITNESS (2nd number code)	1-3	Easy. Suitable for beginners.
	4-7	Medium. Reasonable fitness required.
	8-10	Hard. Strenuous. Fit walkers only.

Note: Grade **M 3 3** is recommended for first time walkers.

ESSENTIAL ITEMS FOR DAY WALKS

* Back pack	* Sturdy walking shoes or boots, and socks
* Two to three litres of water	* Rainproof jacket, jumper
* Small First aid kit	* Personal toiletries
* Hat	* Morning tea, lunch, afternoon tea
* Torch and Whistle	

ADDITIONAL ITEMS RECOMMENDED FOR DAY WALKS

* Sunscreen	* Shorts and light long-sleeved shirt are recommended
* Insect repellent	* High energy snacks such as chocolates or raisins
	* A change of clothes for the trip home

Walk Cost

We pool vehicles to minimise cost. The cost associated with each walk is based on each vehicle having the driver and at least 2 passengers. The passengers pay walk costs. If there are more than 2 passengers per vehicle the walk cost will usually be reduced; this is at the discretion of the leader. Walk fees and driver reimbursements are usually organised by the walk leader at a café stop on the way home after the walk.

COMING EVENT DESCRIPTIONS

Date	Day	Event	Type	Grade	Time	Cost
11 Feb 18	Sunday	Somerset Trail, Mt. Mee	DW	M34	7:00am	\$20
		Departs Ipswich 7:00am	Leader:	Joy	Ph. 0488 023 786	

We will travel through Samford Village and Dayboro on the way to Mt. Mee and park at "The Gantry", an old saw milling site that closed in 1981. From here we will follow a well-graded trail through, at first, rainforest then open Gum and dry heath forest. The half way mark is the location of the Somerset Lookout, a lookout area on the edge of the escarpment that affords views of Somerset and Wivenhoe dams. Also of interest here is a small number of Cycad Palms. From the lookout it is an undulating walk back to the Gantry car park and picnic area. This walk is approximately 13 kms and takes 4 - 5 hrs to complete.

18 Feb 18	Sunday	White Rock Circuit	HD	S33	7:00am	\$5
		Departs Ipswich 7:00am	Leader:	Cheryl	Ph. 0417 768 771	

This is quite a short walk so there will be plenty of time for stopping for views and photos if you so choose. We will leave the car park/picnic area, check out a couple of side tracks, and then take the Ridge Track to White Rock. The Ridge Track is a bush track, not graded. Parts of the track have rough surfaces and there is a very short section where some scrambling is required, however none of this is difficult. After a good look around we will then follow the track around the base of the rock down to the main walking track/maintenance road which goes back to the picnic area. I expect we will be back at the picnic area around 10 to 10:30-ish so thought we might have morning tea there after the walk - perhaps have a thermos in the car for tea or coffee rather than having to carry it.

The Ridge Track to White Rock is a continuous gentle up-hill for part of the way, so if it is exceptionally hot and humid after a hot night, we might do the walk in reverse.

Venman Bushland and Tingalpa Creek

25 Feb 18 Sunday Circuit **HD S33 7:00am \$10**
Departs Ipswich 7:00am Leader: Elizabeth Ph. 3814 2193 a/h

Venman Bushland National Park is located in the Mt. Cotton area and has two well signposted tracks to explore. The Tingalpa Creek circuit is 2.5km and meanders beside Tingalpa Creek where there are many plants and animals to discover. Venman circuit is longer - 7.5km, and winds along the scenic banks of Tingalpa Creek, through melaleuca swamp and into open eucalypt forests. It is easy bushland walking with some gentle hills but can get stony underfoot. If there has been rain, there are three stepping-stone crossings which can be a bit slippery.

03 Mar 18 Saturday Casa Mia from Riverheart **Soc 5:30pm**
Departs Ipswich 5:30pm Leader: Cheryl Ph. 0417 768 771

We'll meet at the western end of the Riverheart Parkland at the carpark near the railway bridge at 5:30pm. We'll take a short walk through the parkland, Chermshire Road and Glebe Road to Casa Mia arriving approximately 6:30pm for a relaxed meal. If we're lucky there may be a sunset view from Chermshire Road. Casa Mia has a website where you can look at their menu if you would like to plan ahead. Please let Cheryl know by Wednesday 28th February if you would like to come so that booking numbers can be confirmed.

11 Mar 18 Sunday Toohey's Forest **HD S22 7:00am \$5**
Departs Ipswich 7:00am Leader: Annette Ph. 0410 560 741

Toohey Forest is a remnant of what was once extensive bushland and contains animals and plants that have now become rare. The headwaters of three major creeks in the Brisbane region - Oxley, Bulimba and Norman Creeks - lie in Toohey Forest. There are many tracks and points of interest along the track systems. This will be an easy track walk with some uphill but definitely not strenuous.

18 Mar 18 Sunday Logan River, Yellow Pinch **DW S43 7:00am \$15**
Departs Ipswich 7:00am Leader: Russell Ph. 3282 5534

This walk will start at the Yellow Pinch carpark. We will follow the old road over Yellow Pinch (the only uphill part of the walk) then to the Logan River. From here we will follow the river downstream, around Yellow Pinch and back to the cars. This walk is all off track with a lot of rock hopping. There will be opportunities for a swim at morning tea, lunch and just before getting back to the cars.

25 Mar 18 Sunday Gap Creek Falls from Simmonds Road **DW M44 7:00am \$10**
Departs Ipswich 7:00am Leader: Barbara Ph. 0439 327 899

This walk goes to the base of Gap Creek Falls from Simmonds Road. Beside Gap Creek Falls there are several other smaller falls and a gorge to explore. There is also a great view from a ridge after following a side creek. Wear protective clothing as there is some lantana and thick undergrowth.

01 Apr 18 Sunday Paddy's Peak Circuit **DW M44 7:00am \$17**
Departs Ipswich 7:00am Leader: Russell Ph. 3282 5534

This walk starts from Drynan's Hut and initially we follow a very scenic ridge, with great views, towards Paddy's Peak. About 10 mins from our starting point we have to cross Barney Creek - knee deep at the deepest point. I'd suggest wearing old shoes to start with and then change into boots once over the creek. We can stash shoes in the bush for our return. We leave the main ridge before we get to Paddy's Peak as it's a bit scungy and not very interesting, and head down to the cliff tops, following them around to the dry waterfall which some folk will be familiar with. From here we contour around the top end of the valley over to the next ridge with its interesting rocky outcrop. We'll be clambering and scrambling our way along this ridge for a while and then descending to the top of Paddy's Waterfall. From there we follow a rough and, initially, steep track back to Barney Creek. This walk is best suited to folk used to walking in rocky terrain.

07 Apr 18 Saturday Walks Planning **Soc 3:30pm**
Departs Ipswich 3:30pm Leader: Joy Ph. 0488 023 786

This is your chance to have your say and get involved in the choosing and planning of our next walks. Bring a plate to share to complement a hot cuppa! Contact Joy for the address and to let her know you are coming.

CONTACTS

Ipswich Bushwalkers Inc. - 2017-18 Club Executive Members		
Position	Name	Phone / e-mail
President	Wendy	3282 5534
Vice-President	Ian	3424 5033
Secretary	Joy	3281 0372 a/h; ipswich_bushwalkers@yahoo.com.au
Treasurer	Betty	3281 2975 a/h
Safety Officer	David	3281 8987 a/h
Newsletter Editor	Cheryl	0417 768 771
Other Office Bearers		
Emergency Contact		0490 505 256
Website Editor	Darryn	3282 9554 a/h
Outings Officer	Russell	3282 5534

CLUB NOTICES

The club subscribes to **Wild** and **Great Walks** magazines. These are available for members to borrow, either by coming to a meeting or by contacting Russell by phone or email to make other arrangements.

First Aid Certificate

The Club subsidises members wishing to obtain their First Aid Certificate as follows:

75% subsidy: for members who have led more than one walk (i.e. a minimum of two walks).

50% subsidy: all club members.

MEMBERSHIP FEES

Introductory (3 months) – available only once per financial year.....\$5.00 p/p

General.....\$22.00

Student (full time > 18 Years).....\$22.00

Family (this Membership Class defines Fees only).....\$10+\$12.00 p/p

PROCEDURE FOR USING THE EMERGENCY PHONE

1. The Walk Leader is to leave the Emergency Phone with a Responsible Person in Ipswich.
2. The Walk Leader texts the Emergency Phone before leaving Ipswich and advises the destination and the number of walkers.
3. The Walk Leader texts the Emergency Phone after returning to Ipswich, or if it is getting late, prior to arrival back in Ipswich.
4. If the Responsible Person has not heard from the Walk Leader by 10:00 pm on the day of the walk, he/she will:
 - i. Attempt to contact the Walk Leader. If unsuccessful:-
 - ii. Contact the Police to advise that walkers are overdue and provide details. Do not wait past 11:00 pm to contact Police;
 - iii. Obtain a contact name and telephone number from the Police to be able to advise them of any messages which may be received from the walkers;
 - iv. Liaise with Police as necessary or nominate someone else to do it.
5. With the agreement of the walkers on any particular walk, item 4 may be varied by the Walk Leader. The revised arrangements must be conveyed to the Responsible Person before that walk departs Ipswich.
6. Walk participants should advise anyone who might be concerned about you returning late, to call the Emergency Phone if you have not contacted them by 8:00pm.
7. The Emergency Phone No. is - **0490 505 256**

MEETING VENUE

Club meetings are usually held on the first Sunday of the month, February to December inclusive. Meetings commence at 7.00pm. The meetings are held in Local Councillor, Kylie Stoneman's meeting room, South Station Road, Booval behind the newsagent in the Friendly Care Chemist complex.

Club mailing address: Ipswich Bushwalkers Inc.
P.O. Box 436
Booval Qld 4304