

Newsletter

(FlindersPeak)

www.ipswichbushwalkers.bwq.org.au

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Emergency Contact phone: 0490 505 256 (see details back page)

October 2017- January 2018 Edition**COMING EVENTS CALENDAR** - Descriptions are on pages 2 & 3

Date	Day	Event	Type	Grade	Leader	Time	Cost
07 Oct 17	Saturday	Walks Planning	Soc		Manfred	3:30pm	
08 Oct 17	Sunday	Meeting			Wendy	7:00pm	
15 Oct 17	Sunday	Mt. Cordeaux & Bare Rock	DW	M33	Elizabeth	7:00am	\$10
22 Oct 17	Sunday	Mermaid Mountain Circuit	DW	L44	Russell	7:00am	\$5
29 Oct 17	Sunday	Dandy's Knob	HD	S44	Manfred	7:00am	\$5
05 Nov 17	Sunday	Meeting			Wendy	7:00pm	
12 Nov 17	Sunday	Coomera Circuit, Binna Burra	DW	L34	Elizabeth	6:00am	\$20
19 Nov 17	Sunday	Bulimba Ck. Circuit	HD	S33	Joy	7:00am	\$7
26 Nov 17	Sunday	Warrie Circuit, Springbrook	DW	L34	Dave	7:00am	\$17
09 Dec 17	Saturday	Xmas Party - Racehorse Hotel	Soc		Jenny	6:30pm	
27 Jan 18	Saturday	BBQ & Moonlight walk – BVRT	Soc	S33	Russell	5:00pm	\$5
04 Feb 18	Sunday	Meeting			Wendy	7:00pm	

Please Note:

Our walk leaders only lead walks that are within his or her ability and experience, but are *not formally trained* or qualified in Bushcraft.

The Coming Events Calendar is **subject to change at any time without notice**. People wishing to participate in any listed event **must contact the nominated Leader beforehand** in order to answer any queries you may have regarding that particular event, and to ensure you are contacted in case of last minute changes. This is also a good time to let the leader know if you have any special requirements.

Walks usually depart from the park at the intersection of South and Nicholas Streets, Ipswich, opposite the Civic Centre, *unless noted otherwise in the event descriptions*. The departure or commencement time of any event shall be as noted in the respective event description. For information regarding meetings please refer to the **Meeting Venue** details on the last page.

How to join the club:

Most people choose to come on an easy walk first. Use the calendar of events above with descriptions on pages 2 & 3 to choose a walk suitable for you and contact the leader whose number appears with the description. Have a chat to them about any questions you have and let them know you would like to go. There is a membership form on the website, you can bring that to your first walk.

EVENT TYPE and

TYPE	
BC	Base Camp
DW	Day Walk
S&T	Safety & Training
SOC	Social Activity
TW	Through Walk
HD	Half Day
BK	Bike Ride

GRADING CODES

GRADE		
DISTANCE (Letter code)	S	Short (less than 10 km per day)
	M	Medium (10 - 15 km per day)
	L	Long (15 - 20 km per day)
	X	Extra-long (greater than 20 km per day)
TERRAIN (1st number code)	1-3	Graded or open terrain. No scrub.
	4-7	Bush. Minor scrub rainforest, rock, creek, rock hopping, scrambling.
	8-10	Bush. As above + thick scrub, major rock, scrambling using hands, technical.
FITNESS (2nd number code)	1-3	Easy. Suitable for beginners.
	4-7	Medium. Reasonable fitness required.
	8-10	Hard. Strenuous. Fit walkers only.

Note: Grade **M 3 3** is recommended for first time walkers.

ESSENTIAL ITEMS FOR DAY WALKS

* Back pack	* Sturdy walking shoes or boots, and socks
* Two to three litres of water	* Rainproof jacket, jumper
* Small First aid kit	* Personal toiletries
* Hat	* Morning tea, lunch, afternoon tea
* Torch and Whistle	

ADDITIONAL ITEMS RECOMMENDED FOR DAY WALKS

* Sunscreen	* Shorts and light long-sleeved shirt are recommended
* Insect repellent	* High energy snacks such as chocolates or raisins
	* A change of clothes for the trip home

Walk Cost

We pool vehicles to minimise cost. The cost associated with each walk is based on each vehicle having the driver and at least 2 passengers. The passengers pay walk costs. If there are more than 2 passengers per vehicle the walk cost will usually be reduced; this is at the discretion of the leader. Walk fees and driver reimbursements are usually organised by the walk leader at a café stop on the way home after the walk.

COMING EVENT DESCRIPTIONS

Date	Day	Event	Type	Grade	Time	Cost
07 Oct 17	Saturday	Walks Planning	Soc		3:30pm	
		Ipswich 3:30pm	Leader: Manfred		Ph. 3281 7891	

This is your chance to have your say and get involved in the choosing and planning of our next walks. Bring a plate to share to complement a hot cuppa! Contact Manfred for the address and to let him know you are coming.

15 Oct 17	Sunday	Mt. Cordeaux & Bare Rock	DW	M33	7:00am	\$10
		Departs Ipswich 7:00am	Leader: Elizabeth		Ph. 3814 2193 a/h	

The track zigzags through rainforest with some superb brush box trees. It then contours around the north of the mountain to Morgan's lookout before terminating at Bare Rock. You used to be able to see 'Hole in the Wall' from Morgan's lookout, however the rock formation has collapsed and the hole no longer exists. We have put this walk on at this time of year as the spear lilies are usually in flower and make a spectacular show.

22 Oct 17	Sunday	Mermaid Mountain Circuit	DW	L44	7:00am	\$5.00
		Departs Ipswich 7:00am	Leader: Russell		Ph. 3282 5534	

A 17km walk to Mermaid Mountain at 396m in elevation. It has great views out to Amberley and Lake Manchester. There are some very steep sections on the walk up Mermaid Mountain along the forestry road. After Mermaid Mountain we follow a road north to another high point then descend off track to Cabbage Tree Ck. which we follow back to Lake Manchester, there are some creek crossings so be prepared to get wet feet. The off track section is scrubby with lots of undergrowth. Protective clothing should be worn. This walk will proceed if there are light showers, but not in heavy rain.

CONTACTS

Ipswich Bushwalkers Inc. 2017-18 Club Executive Members		
Position	Name	Phone/e-mail
President	Wendy	3282 5534
Vice-President	Ian	3424 5033
Secretary	Joy	3281 0372 a/h; Ipswich_bushwalkers@yahoo.com.au
Treasurer	Betty	3281 2975 a/h
Safety Officer	David	3281 8987 a/h
Newsletter Editor	Cheryl	0417 768 771
Other Office Bearers		
Emergency Contact		0490 505 256
Website Editor	Darryn	3282 9554 a/h
Outings Officer	Russell	3282 5534

CLUB NOTICES

The club subscribes to **Wild** and **Great Walks** magazines. These are available for members to borrow, either by coming to a meeting or by contacting Russell by phone or email to make other arrangements.

First Aid Certificate

The Club subsidises members wishing to obtain their First Aid Certificate as follows:

75% subsidy: For members who have led more than one walk (i.e. a minimum of two walks).

50% subsidy: All club members.

MEMBERSHIP FEES

Introductory (3 months) – available only once per financial year.....	\$5.00 p/p
General	\$22.00
Student (full time > 18 Years).....	\$22.00
Family (this Membership Class defines <u>Fees only</u>).....	\$10+\$12.00 p/p

PROCEDURE FOR USING THE EMERGENCY PHONE

1. The Walk Leader is to leave the Emergency Phone with a Responsible Person in Ipswich.
2. The Walk Leader texts the Emergency Phone before leaving Ipswich and advises the destination and the number of walkers.
3. The Walk Leader texts the Emergency Phone after returning to Ipswich, or if it is getting late, prior to arrival back in Ipswich.
4. If the Responsible Person has not heard from the Walk Leader by 10:00pm on the day of the walk, he/she will:
 - i. Attempt to contact the Walk Leader. If unsuccessful:-
 - ii. Contact the Police to advise that walkers are overdue and provide details. Do not wait past 11:00pm to contact Police.
 - iii. Obtain a contact name and telephone number from the Police to be able to advise them of any messages which may be received from the walkers.
 - iv. Liaise with Police as necessary or nominate someone else to do it.
5. With the agreement of the walkers on any particular walk, item 4 may be varied by the Walk Leader. The revised arrangements must be conveyed to the Responsible Person before that walk departs Ipswich.
6. Walk participants should advise anyone who might be concerned about you returning late, to call the Emergency Phone if you have not contacted them by 8:00pm.
7. The Emergency Phone No. is - **0490 505 256**

MEETING VENUE

Club meetings are usually held on the first Sunday of the month, February to December inclusive. Meetings commence at 7:00pm. The meetings are held in Local Councillor, Kylie Stoneman's meeting room, South Station Road, Booval behind the newsagent in the Friendly Care Chemist complex.

Club mailing address: Ipswich Bushwalkers Inc.
P.O. Box 436
Booval Qld 4304